

Corporate partnerships and volunteerism from Vulcan Inc, its employees and affiliates.

A Refuge for Healing and Hope

Addiction. Mental illness. Homelessness. Any one of these things is vastly challenging – but imagine having all three elements confounding your life at once.

Seattle has approximately 8,000 people per night sleeping on the streets, in shelters or in transitional housing, and the City of Seattle reports that at least 46 percent of them (or more) have substance abuse problems.

Last February, Vulcan Inc. sponsored the grand opening of the **Recovery Café**, a new-model support center for those seeking to live a stable life – with shelter and without drugs or alcohol. The Café recently moved from Belltown into newly renovated headquarters - the lovely, vintage Fairview Building in the Denny Triangle area. The Café is a new neighbor for Vulcan, with the company's mixed-use 2200 Building just a block away.



From left: Pearl Leung, Tony White (Vulcan), David Coffey (Recovery Café E.D.) and Noelle Smithhart (Vulcan) celebrate at the Recovery Café's grand opening.

“My recovery would have never happened without this place. It is a light of hope in a sea of madness.”

– James, Recovery Café Client

With over 500 units of transitional and shelter housing located within walking distance of the Recovery Café, the organization is a welcoming hub for those needing therapy, understanding and support, which people need in order to stabilize their lives, obtain housing and keep it. The Recovery Café clients must be clean and sober, and agree to be in small group counseling. AA meetings are available, along with workshops, an arts and crafts area, and a comfortable lounge.

“Volunteers and staff give their very best to offer dignity to those going through a tough time,” said Pearl Leung, Vulcan's community relations manager, who attended the Café's grand opening.

The Recovery Café aims to provide a place where each person who comes to them is known and loved, a refuge for healing and hope on the journey of recovery. So far, they're doing just that.

To learn more, visit www.recoverycafe.org

EMP: Focused on Local Youth

EMP is making a name for itself with teen musicians and artists in the Seattle area. Its many youth-focused programs aim to pique the interest of underage youth in music and to support and foster their artistic dreams.

“EMP is a place where many young people from the area become inspired to create music,” said Maggie Skinner, EMP spokesperson, “whether it's during a school field trip when they pick up a guitar for the first time, or during a Teen Artist Workshop when they perform in a rock band with their peers.”

Opportunities for teenagers at EMP|SFM continue to grow. The museum has a Youth Advisory Board, composed of students 13-18, who have a passion for the music/arts scene. The YAB serves as a teen voice in program development and helps the rock museum with community outreach. Teen Artist Workshops, one- and two-weeks intensive “camps” during the summer, provide professional training for budding drummers, guitarists, rock stars, composers and graphic novelists. Sound Off!, an annual underage battle of the bands, offers winning bands extensive opportunities to launch their careers.

2010 Sound Off! Champions

EMP boosted the careers of yet another set of young musicians with the announcement of the 2010 Sound Off! contest winners. The band Great Waves won first place this year, and with it, two live gigs (at Bumbershoot and on 107.7 The End radio), two days of studio time, and the professional recording of a single.



Great Waves - 2010 Sound Off! winners

The five-member group from Sammamish, Wash. was also awarded gear, industry consultation, and the opportunity to sell one of their songs through the Rock Band Network. Competition was fierce, with over 130 underage bands submitting their demos. Sound Off!, an annual competition, provides opportunities for local musicians under 21 to play their original music for a live audience.

And at EMP, that's what it's all about.

Food Fighters

In 2009, the employees of Vulcan Inc. and the Paul G. Allen Family Foundation put together a year-long fundraiser to benefit the Cherry Street Food Bank, part of Northwest Harvest.

Calling themselves the Food Fighters, staff collected food items, donated money, held an online auction, and volunteered at the food bank. Whatever cash was raised by employees was matched by the Paul G. Allen Family Foundation. By the end of the year, thousands of pounds of food and \$50,000 had been raised to help feed the city's hungry families.



Vulcan CFO Martha Fuller and Finance Manager Eric Russell find new beans to count!

The success of last year's efforts gave momentum to this year's event. The drive continues in 2010, with blue collection boxes on every floor at Vulcan filled, emptied and refilled with donations of canned tuna and meat, bags of beans and rice, pasta, cans of soup and vegetables, baby diapers, etc....anything and everything it takes to keep a hungry family going.

“Vulcan Food Fighters are fantastic,” said Matthew Campbell, manager of the Cherry Street Food Bank. “They have a great outlook, engage our clients and treat them with kindness and compassion. They're competitive in a positive way and are always seeking more work to do. They definitely make a positive impact!”